

**Grade: 3**

**Lesson Number: 10**

**Course: Bolī**

**Title: Sensory Vocabulary – I**

### **Standards**

#### **Standard 2: The Tradition of Pañjāb**

- Students learn the history of the cultural heritage of Pañjāb, including cuisine, folk dancing, songs, arts, and crafts of the different regions.
  - *Cuisine includes popular foods and names of foods and the seasons with which they are associated.*

#### **Standard 4: Writing Coherent Sentences and Paragraphs**

- Students write coherent sentences and paragraphs that develop a central idea.
  - *Students can create a single paragraph, including a developed topic sentence, and simple supporting facts and details.*

### **Objectives**

1. Students will complete a brainstorming web about their favorite Pañjābī cuisine.
2. Next, using their completed web, they will write about their favorite Pañjābī cuisine using all five senses.

### **Prerequisites**

- None.

### **Materials**

- Chart paper
- Markers
- Lined paper
- Plain paper
- Pencils / pens
- Color pencils

### **Advanced Preparation**

- Teacher should prepare a list of Pañjābī cuisines.

### **Engagement (20 minutes)**

- Greet the students and allow them to get settled.
- Teacher will ask students to sit in a circle and start mentioning Pañjābī foods without explaining to the students why she's mentioning them. Next she will ask students, "What do all the things that I mentioned have in common?"
- Then, the teacher will ask students to think about their favorite food.
- The teacher will go around the circle asking students what their favorite foods are.
- Next the teacher will say, "Well, I know what those foods are, but how would you describe them to someone who doesn't know what these foods are?"

- The class will think of ways of explaining to people what these foods are – help students realize that if they use all five senses (sight, smell, taste, touch and hearing), they will be able to describe with more detail.
- Ask students to choose a favorite food that they would like to describe to someone.
- Give each student a blank piece of paper and ask them to create a brainstorming web about their favorite food.
- Their brainstorming web can look like the one below.
- The six questions that students will address are:
  - What does this food look like?  
ਇਹ ਕਿਸ ਤਰਾਂ ਨਜ਼ਰ ਆਉਂਦਾ ਹੈ?
  - What does this food smell like?  
ਇਸ ਦੀ ਖੁਸ਼ਬੋ ਕਿਸ ਤਰ੍ਹਾਂ ਦੀ ਹੈ?
  - What does this food sound like?  
ਇਸ ਦੀ ਆਵਾਜ਼ ਕਿਸ ਤਰ੍ਹਾਂ ਦੀ ਹੈ?
  - What does this food feel like?  
ਇਹ ਕਿਸ ਤਰ੍ਹਾਂ ਮਹਿਸੂਸ ਹੰਦਾ ਹੈ?
  - What does this food taste like?  
ਇਸ ਦਾ ਸੁਆਦ ਕਿਸ ਤਰ੍ਹਾਂ ਦਾ ਹੈ?
  - Why do you like this food?  
ਮੈਨੂੰ ਇਹ ਕਿਉਂ ਪਸੰਦ ਹੈ?

### **Exploration (30 minutes)**

- Once students have completed their brainstorming, they will begin their writing about their favorite Pañjābī cuisine.
- Their writing should be about two or three paragraphs.
- Have students illustrate their favorite Pañjābī cuisine.

### **Explanation/Extension (10 minutes)**

- Have students share their short stories with the class – display students' work for others to enjoy. If teacher is familiar with the cuisine he/she can add comments as to when the cuisine is often appreciated or celebrated as part of Pañjābī heritage.

### **Evaluation (On-going)**

- Teacher should look to see if children are able to effectively describe details of their topic sentence and central idea in the paragraph.

## Teacher Resources





