

Grade: 3

Lesson Number: 1

Course: Bolī

Title: Japu jī Sāhib – I

Standards

Standard 8: Recitation of the first 15 Pauṛīs of Japu jī Sāhib

- Students recite the first 15 Pauṛīs of Japu jī Sāhib.

Objectives

1. Students will learn to recite the first 15 Pauṛīs of Japu jī Sāhib.
2. Students will learn the meanings of the first 15 Pauṛīs of Japu jī Sāhib.

Prerequisites

- None.

Materials

- Nitnem Pothīs in Gurmukhī – Printed by Sikh Missionary College
- Singh, Tarlochan, et. al, The Sacred Writings of the Sikhs, UNESCO Collection of Representative Works, 1960, Orient Longman, New Delhi, 2000. (Recommended)
- Pencils
- Chart paper
- Markers
- Notebook paper

Advanced Preparation

- Read translations of the first 15 Pauṛīs of Japu jī Sāhib. Be prepared to answer questions that students may have. It is best to use Professor Sahib Singh's darpan to better understand literal meanings and to prepare to answer questions. The Sacred Writings of the Sikhs is also a great source to understand Japu jī Sāhib.

Engagement (20 minutes)

- Greet the students and have them get settled.
- Hand out lined notebook paper and ask students to write down their daily routine in Gurmukhī.
- Divide students into three to four groups, and ask students to compare their daily routines with one another. This should only take about three to five minutes.
- Have a representative from each group share what was similar and different about each group's routine.
- If groups failed to mention Nitnem or Pāṭh – say, “I think you have a good routine but I feel there is something missing – what do you think that might be?”
- If groups mentioned Nitnem – compliment them and ask students why they think it is important to do their Nitnem.

Exploration (30 minutes)

- Next, have students cover their heads, wash their hands and sit down in a circle.
- Explain to them the etiquettes of doing Pāṭh.
 - This is not the time for them to be playing with their hands or touching their feet.
 - They should try to focus on the Gurbāṇī.
 - They may not laugh at anyone attempting to read the Gurbāṇī.
- Hand out Nitnem Pothīs to all students.
- Teacher will recite one line and students will repeat the same line of Gurbāṇī (the purpose of this is to make sure students are pronouncing the Gurbāṇī with accuracy.)
- Stop after the first Pauṛī and discuss the Pauṛī – have students share the translations and summarize the first Pauṛī.
- The teacher will begin reciting the second Pauṛī – Students will repeat after the teacher.
- Stop after the second Pauṛī and discuss – share translations and summarize the second Pauṛī.
- ##### • Follow the above process for Pauṛīs three, four and five.

Explanation/Extension (10 minutes)

- Have students sit down at their seats with a piece of new notebook paper and allow them the opportunity to write a quick summary of the first five Pauṛīs of Japu jī Sāhib in Gurmukhī.
- Tell students that they need to use some of the vocabulary they have learned from the bāṇī in their summary.
- Have students share their summary with a group of other students – this will allow students to add additional information in case they missed something.
- Ask students to bring their summaries back for the next session.

'Evaluation (On-going)

- For homework, have students do Japu jī Sāhib each day.
 - Those children that did not have it as a part of their daily routine – have them begin with the first five Pauṛīs.
 - Those students that were already reciting it – have them continue reciting it while thinking about the meaning of the Gurbāṇī.
- Ask students to share their summaries with their parents.