

Grade: 5

Lesson Number: 10

Unit Name: Rahrāsk

Course: Bolī

Title: RahrāskV

Standards

Standard 6: Recitations of Rahrāsk

- Students recite the Tcj t uk

Objectives

1. Student learns to recite Rahrāsk and develop a general understanding of the sabads.

Prerequisites

- Lesson Number 7 from Virsā on Tcj t uk
- Lessons 7, 8, and 9 from Bolī on Tcj t uk

Materials

- Audio version of Tcj t uk (available in Audio CD; Track 14)
- CD player
- Singh, Tarlochan, et. al, *The Sacred Writings of the Sikhs*. UNESCO Collection of Representative Works. Orient Longman, New Delhi: 1960, 2000.
- Nitnem pothīs printed by Sikh Missionary College (this pothī has accurate breaks that will help children better understand and follow along)

Advanced Preparation

- Teacher should be familiar with background of Tcj t uk and have a clear understanding of the sabads.

Engagement (10-15 minutes)

- Recite Tcj t uk up to Bentī CaupŪ without pothīs as an entire class.
- Check for pronunciation and correct where necessary (use Audio CD for reference)
- Ask children if they felt confident that they had memorized it thus far. Tell them that they don't have to feel pressured about memorizing it, but more importantly they should work towards making it part of their daily routine and focusing on trying to get the accurate pronunciation.

Exploration (15-20 minutes)

- Ask children if they have heard of Bentī CaupŪ. Let them know that it is also recited as part of Tcj t uk
- Then recite it as a group using the nitnem pothīs.
- Follow Bentī CaupŪ with Svayā and Dohirā.
- Focus on recitation.
- Recite that as a group using the Audio CD.
- Tell children to pay special attention to the pronunciation.

Explanation/Extension (20-25 minutes)

- Now tell children that you want them to listen to the entire Tcj t uk
- Tell them that as a group you have not yet gone over AnandwSāhib, Mundāvaṇī and the last Salok, but you still want them to listen to the entire Tcj t uk
- At the end of it, you want them to take a few minutes and write their feelings on the entire Tcj t uk know that they have heard translations from you in the last several classes.
- Play the Audio CD.
- Then have children write their thoughts and hand it in to you.
- Tell children that they will not continue Tcj t uk until a few classes later. Ask them to work on trying to incorporate it as part of their evening routine and work on trying to memorize it with accurate pronunciations as they learnt in class.

Evaluation (On-going)

- Pay special attention to pronunciation as children recite the sabads.
- Review information learned in this class during next class.